

# God's Relief

*"Answer me when I call to you, O my righteous God. Give me relief from my distress; be merciful to me and hear my prayer. How long, O men, will you turn my glory into shame? How long will you love delusions and seek false gods? Know that the Lord has set apart the godly for Himself; the LORD will hear when I call to Him. In your anger do not sin; when you are on your beds, search your hearts and be silent. Offer right sacrifices and trust in the LORD. Many are asking, "Who can show us any good?" Let the light of your face shine upon us, O LORD. You have filled my heart with greater joy than when their grain and new wine abound. I will lie down and sleep in peace, make me dwell in safety." (Psalm 4:1-8)*

This is a psalm written by King David while he was facing one of hard trials in his life. King David was threatened by his own son, Absalom, who wants to take from his father David the kingdom that God gave him as a King. This rebellious son, Absalom, wage a campaign against his father, the king, and he wanted to drive him out of Jerusalem. Absalom led an army of men. But the Lord helped David and supported him in this hard and painful trial when those who are very near to him, even his own son, want to finish his life. What had happened to David it might happen to you that you may face trials and troubles of different kinds but there you will see the Lord our God beside you. As you call upon Him you will find Him beside you helping you in your troubles. As we meditate on this psalm we learn much from God's word and His ways.

1) *"Answer me when I call to you, O my righteous God. Give me relief from my distress; be merciful to me and hear my prayer." (Psalm 4: 1)* Our God is the Lord who hears and answers our prayers. When we call upon the Lord in our distress He would listen to us and gives us relief. As we go on in our lives we should have a base line of prayer life so that when trials would come we can face it in a better shape. Some people they don't pray unless they have a problem. Be sure it will be more difficult for you to face trials if you don't have a prayer life. But if you are always praying and in communion with God when you face a problem you just need to continue and intensify your prayer and call upon God. The Lord is a merciful God; He listens to His children's prayer and cry, and relieves them from their distress.

David when he called upon God, he said to Him, *"O my righteous God."* Our God is a God of justice; He will not allow wickedness to prevail over righteousness. If you did not do any thing wrong don't be dismayed, God will not allow wicked people to prevail over you, stand firm in faith, trust in Him,

and He will relieve you. *"Know that the Lord has set apart the godly for Himself; the LORD will hear when I call to Him." (Psalm 4:3)* While you are facing a trial it is good to remember how God had deliver you from troubles in the past; then He is the same God, He will deliver you from your today trouble, *"Jesus Christ is the same yesterday and today and forever." (Hebrew 13:8)* The Lord Jesus Christ, the Son of God, HE came from heaven to save us from sins and death. He died for our sin on the cross. He was buried but rose from the dead on the third day to give eternal life to those who believe in Him. Jesus won the battle over Satan and all its wickedness and He gave us that victory. Therefore when we face trials let us remember the victory that Jesus won for us on the cross.

2) *"In your anger do not sin; when you are on your beds, search your hearts and be silent." (Psalm 4: 4)* When you face trial or threat from people whom you had done no bad but they repay you evil for good, you may get angry as a first response but you need to be calm. *"My dear brothers, take note of this: Everyone should be quick to listen, slow to speak and slow to become angry for man's anger does not bring about the righteous life that God desires." (James 1:19-20)* When you are angry you should not react, but you should think wisely in God's presence what you need to do, *"Offer right sacrifices and trust in the LORD." (Psalm 4: 5)* Do what is right and what God had said according to His word. Do not revenge or retaliate. *"Do not be overcome by evil, but overcome evil with good." (Romans 12:21)*

3) *"Many are asking, "Who can show us any good?" Let the light of your face shine upon us, O LORD. You have filled my heart with greater joy than when their grain and new wine abound." (Psalm 4:6-7)* There are certain seasons in your life when you have trials and hardships and you think there are no blessings during these seasons. But you are wrong. The time that we think that this is the time of suffering and loss, this time is the time of blessing were God bless us materially and spiritually. Man sees in his eyes negative things but let the word of God be a light in our lives; during hard times God still is there to bless us with all kinds of blessings.

*My dear and beloved:* King David said, *"I will lie down and sleep in peace, make me dwell in safety." (Psalm 4:8)* Trust the Lord and His words, He will deliver you from your trouble and gives you relief from your distress as you call upon Him.

*My prayer:* Father God I come before you in the name of your Son Jesus Christ who died on the cross for my sins and rose from dead to give me eternal life. Answer me when I call to you, O my righteous God. Give me relief from my distress, be merciful to me, hear my prayer and make me dwell in safety. This is my prayer in Jesus name, Amen.